



# Newsletter March-June 2008

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## KACCAD Mission and Vision



**Vision:** Vulnerable communities in Wakiso District are empowered and self-sufficient with their health, education and income generation needs met.

**Mission:** To raise the standard of living of underprivileged people in Wakiso District through provision of HIV/AIDS, health and education support, vocational skills development and start up resources for income generation.

[Children at one of the pump wells fixed by Doug Milholland in March, 2008. Hurray for clean water!]

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*Check out our revised list of students seeking school sponsors and our GIFT CATALOG!*

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## Letter from the Editor

Dear KACCAD Friends,

The second quarter of 2008 has been busy and productive. Over 60 secondary and primary teachers were trained in HIV/AIDS education in Wakiso Sub-County. We hosted six HIV/AIDS counseling and testing events. At the same time, we continued our work with the schools and will be working with two new schools over the next term. We are working closely with the chicken rearing project and with Bbira AIDS Community providing support to people living with HIV/AIDS. We have also developed some new works over the quarter such as: a catalog for fundraising to support the work we do in Wakiso Sub-County and district, an updated list of students seeking sponsorship, and a plan for building a volunteer center. We hope you enjoy this update on the work we did over the quarter. We sincerely thank all of those who helped us take services to students, teachers, people living with HIV/AIDS and vulnerable people in rural villages who have benefited from our work over the quarter. Thank you also to those who have provided funding for spring-well repair and development, school fees, teachers training, the student mural project, and more. We hope this reaches you well!

Take care,

*Amanda Milholland*

KACCAD Peace Corps Volunteer

## Meet Our Real Uganda Volunteers



constructed KACCAD volunteer center]

**Courtney Campbell from Vancouver, Canada** worked with us through the end of April. She graduated from the University of Victoria in December with a degree in Economics and Biology. During her time working with us she taught at two primary schools in addition to the secondary schools KACCAD works with. She also provided support to people living with HIV/AIDS through our home visit program, helped with the first HIV/AIDS teacher training and also with the development of the gift catalog. [Photo:



**Tori Fraser from Calgary Canada** worked with KACCAD for six months- from November 2007 to the end of April 2008. During her six months of service, she worked with Mercy Home Orphanage, Nicaragua Primary School and the secondary and vocational schools KACCAD partners with. She also was involved with home visits to families affected by HIV/AIDS, the student sponsorship program development, the first HIV/AIDS teacher training and the gift catalog. [Photo: Tori plays drums with children in our compound]



**Eri Tamura is from Nagano, Japan.** She studies International Development Studies at the University of East Anglia in the UK. She is volunteering with KACCAD for 3 months, from 15<sup>th</sup> June to 15<sup>th</sup> September. She will be teaching at Kawempe Royal College, Kikaaya College, Bbira Vocational School and Hajji Kiyemba Memorial Institute. She and Kylie will also work on the HIV/AIDS mural project at Kikaaya College with Amanda and Beth. [Photo: Kylie and Eri with students at Kikaaya College, Kikaaya Village]

**Kylie Cherpes is from Lyons, MI, USA.** This fall she will be finishing up her final year at Grand Valley State University in Grand Rapids, MI, where she will complete her degree with a Liberal Studies major. Her emphasis is on Global Social Justice with a Political Science minor. During her two month stay with KACCAD she hopes to improve the understanding of the local youth on the importance of their education and how the knowledge they gain at school can positively shape the rest of their lives and consequently the lives of those around them. [Photo: Kylie and children at a KACCAD built well, Kikaaya Village]



Kiyemba Memorial Institute]

**Beth Pagan is from Gainesville, Florida, USA.** She is a student at Florida State University and is studying International Affairs, Political Science and Leadership Studies. She is volunteering with KACCAD for two months, from May 15<sup>th</sup>-July 15<sup>th</sup> 2008. To date, she has been teaching at Kikaaya College, Bbira Vocational and Hajji Kiyemba Memorial Institute. She also helped with the second teacher training, is working with Amanda to put together a volunteer handbook and is helping organize the student HIV/AIDS mural that will be painted at Kikaaya College. [Photo: Beth in front of one of her visual aids for a lesson on self-esteem, Hajji

**Carolyn Young and Stuart Turnbull are from Ontario, Canada.** They both attend Carleton University in Ottawa. Carolyn studies journalism and human rights. Stuart will be entering his last year at Carleton University this fall, and will graduate with a degree in business. Both Carolyn and Stuart worked with KACCAD during the month of May. During their time with KACCAD, they taught at Kikaaya College, Bbira Vocational and Hajji Kiyemba Memorial Institute, helped with the second HIV/AIDS teachers training, a community HIV/AIDS testing event and provided support to people living with HIV/AIDS through our HIV/AIDS Support Program. [Photo of Sam, Stu, Carolyn and Beth before the VCT event we held in Bulenga.]



## The Volunteer Beat; Part 1

by Stu Turnbull and Carolyn Young

In our short time in Uganda, we were given the chance to take part in a wide variety of projects and activities that KACCAD ran. For the first couple of weeks we continued the projects that the previous temporary volunteers had been running. We visited about 15 families with the home visit program during our time here. These visits were important for us as they helped us understand the barriers that these vulnerable people and families are facing. We visited many individuals who were HIV positive and struggling to create enough income for healthy, positive living. We visited families who had suffered many deaths because of AIDS and who needed not only resources like food or soap, but also hope.

We also helped Amanda run HIV/AIDS training for a group of secondary teachers. This was the most interesting experience for us. It was eye opening to realize the misinformation about HIV/AIDS that was being passed from teacher to student. We also felt it was probably the most important thing we participated in, since it is essential for teachers to have the right information to help break the chain of misinformation. Amanda had the teachers take a test about HIV/AIDS before the training, and then repeat the same test after the training to see if what we taught had stuck. It was also extremely satisfying to see that the scores on the tests increased by about 20% (from about 70% to 90%). We had a great time teaching lessons, playing games, and helping teachers come up with creative ways to teach their students about HIV/AIDS.



[Photo: Carolyn, Stu and Beth teaching at second teachers training held in Wakiso]

One of the most touching experiences we had was when we visited a 6-year-old boy who was born with HIV. Both of his parents had died and he was in the care of his grandmother, who cares for more than ten other children. When we arrived, he jumped up on Stuart's lap and remained there while Sam and Nick asked him about his health. It seemed as if our visit made an impact on him and gave him a sense of hope and happiness in an otherwise tough situation.

We've had several experiences like this but also several funny and unexpected experiences. Adapting to Ugandan English has been challenging and humorous. For example, when Sam was teaching us how to present HIV/AIDS information, he kept saying "all together?" In Canada, if a teacher said this, they would expect the students to repeat what they had said. So, Stu started to repeat the last word that he had said. In fact, he was just asking if we understood the information. When Stu finally asked, "Do you want me to say it back to you?" there was a lot of confusion that had to be sorted through!

Overall we loved our time in Uganda and we've learned more than we could ever imagine. We wish KACCAD all the success in the world in the future and hope that they can continue to provide volunteers with experiences as great as the one we had, and that the volunteers can continue to contribute and build onto the important programs KACCAD runs.

## The Beat Goes On; Part 2

By Beth Pagan

As a volunteer with KACCAD, I have had some priceless experiences and challenging opportunities. I have also had the chance to delve into volunteer work that is not only rewarding, but life-changing.

My first week in Uganda, I facilitated the HIV/AIDS teacher's training workshop that was hosted by KACCAD for more than 60 secondary school teachers in the Wakiso District. I was able to teach lessons and lead activities on topics ranging from HIV/AIDS transmission to domestic violence. I was also able to empower the teachers at our workshop by helping them practice lessons and games that teach about HIV/AIDS so that they can take their knowledge back to the classroom.

Furthermore, as a volunteer I have been working with three local secondary schools in our area: Bbira Vocational School, Hajji Kiyemba Memorial Tailoring Institute and Kikaaya College. Every week I teach lessons on subjects ranging from birth control, rape, effective communication skills, and women's rights to HIV/AIDS education. Each lesson is very rewarding and a wonderful learning opportunity.

Another exciting volunteer experience that I have had during my time here in Uganda is the chance to work on an HIV/AIDS art mural project at Kikaaya College. Along with Amanda, our sensational Peace Corps volunteer, I have been able to help craft the proposal for the project, communicate with the headmaster of Kikaaya College, budget for art supplies & materials and make presentations about the project to interested students. While the project is still getting on its feet, I have enjoyed seeing all of our hard work come together. I can't wait to see the mural come to life and provide awareness about the serious social issue of HIV/AIDS in the Wakiso District.

I have truly enjoyed my time with KACCAD so far and am very excited to see how my last month in Uganda unfolds. While my volunteer experience has been challenging at times, it makes my heart warm to know that all of my hard work is truly making a positive and lasting change at the grassroots level in the lives of so many people.

## Leading Wakiso Sub-County in HIV/AIDS Prevention

By Musisi Sam

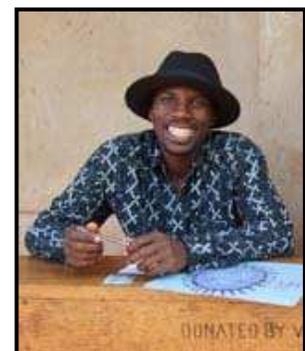
Dear friends, we thank you so much for all the support you have rendered to KACCAD. For this quarter am very glad to inform you that a lot has been done. Two of the projects I have been involved with this quarter include the HIV/AIDS teachers training and HIV/AIDS testing events.

The first Teacher training workshop in HIV/AIDS held at Bbira Primary School was from 27<sup>th</sup>-04-08 to 1<sup>st</sup>-05-08, a four days training which was based on the participatory method where by all individuals play a part in the teaching. In this workshop every participant was provided with a HIV/AIDS and Life Skills Manual with all the relevant information that they will need when going back in their respective institutions and communities. On 1<sup>st</sup>-05-08 as we were



about to wind up the workshop all participants were offered the opportunity to test for HIV.

On 2<sup>nd</sup>-05-05 we held an open HIV testing day for the whole community at Bbira Primary School where we hosted 80 people out of which 7 people tested positive for HIV. I assure you that people were very excited about it up to an extent of requesting us for another event which we managed to do at Kawuzi medical center in Bulenga the first week of June. We



had a very big turn up of 181 people at the second community testing event out of which 15 tested positive. The number in attendance was over 200 but some people came too late for testing. At the same time, we also taught a lot about HIV/AIDS and answered very many questions especially about discordance. We will also do another testing event a few miles from where we did that one in Bulaga on June 20<sup>th</sup> as result of the demand for the services. [Photo: Sam teaching about HIV/AIDS transmission at Wakiso Headquarters testing event]

The second teachers workshop was done in Wakiso municipality at the headquarters council hall still for 4 days from 19<sup>th</sup> May to 21<sup>st</sup> May. Like in the first workshop we did, we provided each and every participant with an HIV/AIDS and Life Skills Manual, and also gave each a task to do as part of encouraging them to use a participatory method approach while teaching their students and local communities they represented. Then on 22<sup>nd</sup> May we had a VCT program and good enough out of all teachers who participated there was one which was positive. On the following day we held an open day for VCT for the entire community at the Wakiso headquarters where we had a very big turn-up of 133 people.

In conclusion, we believe that all information we provided in the two workshops and during VCT is very vital and is going to cause a lot of impact in schools plus the different communities that were represented in Wakiso Sub-County. Speaking for many teachers, as we were closing the workshop in Bbira one of the participants pledged to “share the information we gave him with his school, home and the neighbors.” We look forward to see the great impact of the 64 teachers trained through the two trainings.

## Providing Support to People Living With HIV/AIDS

By Nicholas Ssekiranda

This quarter I have been working on projects including teaching at schools with Beth (see picture to the right of Nick with Students at Hajji Kiyemba Memorial Institute), the chicken rearing project, HIV/AIDS teachers training and the HIV/AIDS Support Home Visit Program.



This quarter we are proud to inform you about the success of the Home Visits Program where we managed to reach over seventy homes of people living with HIV/AIDS this quarter. We have been focusing on the nearby parishes of Ssumbwe, Nakabugo, Villages like Bulenga, Kikaaya and Gogonya to mention but a few.

In each visit we have been giving moral support to people living with HIV/AIDS and their families, a package of food, basic health training like prevention of malaria, cleaning of toilets and clothes to some homes. However, towards mid-May we had some challenges in this program, like running short of food supplies to give out. From that time up to the second week of June we were only giving counseling, and the basic health training without the food donation; which stressed us as some people we were visiting sleep some days without eating yet they are HIV positive and are expecting something from us which we didn't have. Sometimes it was very hard for them to grasp what we were teaching them when they were hungry, and their children crying. For the sustainability of this program, we are focusing much more on strengthening our home based health and care education yet we are still looking to see how best we can provide other resources. We make sure each family knows about malaria prevention, water born disease prevention and good nutrition. Our volunteer Beth has helped with this by making posters and a volunteer health book to go along with them. In this way, we can always offer our clients something even if we are short of resources.

Another important thing to mention in this project is a need of mosquito nets. We don't have nets right now and yet they are very vital in safe guarding people's lives from malaria. Malaria has caused the death of many people in Africa according to the different reports from the World Health Organization and so many others in the same field. It has been challenging for us because many of the clients we have been

visiting, almost the majority, don't have a net. Those that have a net have ones that are very old and worn out. Our clients are not in the position to buy nets let alone to eat more than one meal a day.

We are thankful for donations from Linda Russell's class at Langdale Elementary in Canada for the purchase of 200 mosquito nets. We thank With God's Little Ones for your donations to our HIV/AIDS Support Program. We used part of your emergency support to buy food supplies for the program. We extend also our thanks to our volunteers for all their work improving this program and visiting families. Thank you! These donations will have a tremendous impact on the health of people living with HIV/AIDS in Wakiso Sub-County. Still we are seeking other donations to meet the huge community need for mosquito nets and other basic resources like soap and food. Please see our gift catalog for information about the cost of mosquito nets.

## Teaching Teachers & Learning through Art

By Amanda Milholland



Bulenga]

So many exciting projects have come to life this quarter. The ones I was most involved with include the HIV/AIDS teachers training, six HIV/AIDS counseling and testing events, the development of several proposals, the gift catalog and revision of the list of students seeking sponsorship. We also hosted a couple exciting visitors, my dad, Doug Milholland, and Courtney's dad, Mike Campbell. Our visitors proved to be hard working as well as good company. As I look forward to my next to last quarter with KACCAD, we have some exciting projects up our sleeves that will help bring more empowering HIV/AIDS prevention messages to youth and that will help KACCAD grow and serve. [Photo: Amanda with baby at the first community VCT event held on May 2<sup>nd</sup> in

When my dad, Doug Milholland, came to visit me in mid March-early April I was busy training 60 teachers about HIV/AIDS. Dad, taking advantage of KACCAD's ability to facilitate volunteerisms, jumped into repairing hand pumps that provide thousands of people with clean water. KACCAD helped him connect with the Kikaaya town council, the Wakiso District water department and 2 competent tradesmen, both of whom previously worked with the Wakiso District Water Department. One of the contractors, Ssemakula Charles, has also headed the development of the



21 spring wells built by KACCAD to date. Uganda has been forced to shrink government services and eliminate anything that could be privatized in order to continue to qualify for World Bank loans. As a result Wakiso District has a very limited budget for well repair. Many hand pumps are broken or missing. Either community members' dependant on well water raise funds when pump wells stop working or people go back to polluted surface water sources. Communities frustrated by the broken pumps tried to fix them themselves after their



Doug Milholland with , Ssemakula Charles in the KACCAD compound after well repair work. Doug is red with dust from our unpaved roads.

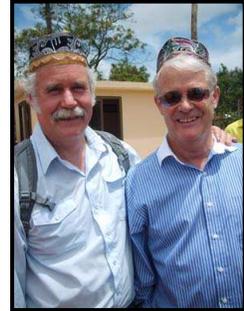
To the Left community members fix well in Navule Village.

requests to the district were ignored. Pumps were taken apart and parts were lost. Doug used Blue Heron Construction's donation to pay for labor, transportation and well parts. Blue Heron Construction Company is the cooperative construction group Doug works with in Port Townsend, WA. \$1,800 resurrected four wells providing four to eight thousand people with clean water. Doug believes that timely maintenance would have reduced the cost of repairs. Communities served by wells are eager to have safe water sources but need help to maintain them. The villages of Nakuwade, Navule, Banda and Kikaaya now have functional wells. On behalf of KACCAD and the benefited communities we sincerely thank

Doug Milholland and Blue Heron Construction for your support with hand pump maintenance. As result of this low-cost repairing success, KACCAD is now seeking donations of \$200 to \$500 to repair additional hand pumps. You can see more on this donation option by reviewing KACCAD's gift catalog.

On a personal note, having my dad visit, see our work and have the experience of learning about Uganda by working, was a huge gift to me. As any of you who have worked abroad know, it can be hard to truly share your experience with others. There are too many stories that just can not be translated. Thank you Dad for coming and sharing part of this experience with me!

Our volunteer Courtney Campbell's father, Mike, also came to visit in March. He jumped into work with us as well. It was great to have a double father daughter work team. Mike helped review the gift catalog created by Tori, Courtney and myself. An experienced fundraiser, he worked through the wording of the gift catalog and helped by advising us on items that should be included. Mike also made a donation in support of the HIV/AIDS education teachers training. It was a true pleasure for KACCAD to host him. Thank you Mike so much for your support of your daughter and of KACCAD. It was a pleasure for all of us to get to know you. [Photo of Doug and Mike before visiting the Gadafi Mosque in Kampala.]



While my dad was traveling to rural villages with a tool box and into Kampala for well parts, I was busy training primary and secondary teachers in HIV/AIDS education. The idea for this program came from KACCAD's director, Derrick. He observed after my first six months of service with KACCAD that we needed to look past providing HIV/AIDS/Life Skills education to just students, one school at a time. Training needed to be provided to teachers so generations of students at schools all over the sub-county could benefit. We received a small grant from VAST-VAST grants are funded by PEPFAR and available to Peace Corps volunteers for HIV/AIDS related projects. With this funding and donations from Mike Campbell and the Milholland family, we provided training to 64 teachers through two four day trainings.



Teacher at first HIV/AIDS training work together to plan a lesson.

The first one was held in Bulenga, April 28-May 1<sup>st</sup>, and the second was at the Wakiso District headquarters in Waskiso, May 19<sup>th</sup>-22nd. As we were aiming to train 54 teachers, we were quite pleased with the turnout. The first day of the training was an intensive HIV/AIDS overview that covered HIV transmission, prevention, how HIV/AIDS works in the body, the timeline of infection, treatment, care, positive living and more. The following three days we trainers stepped back and let the teachers, who we coached through life



Teachers, second HIV/AIDS training pose with certificates after completion of course.

skills lessons from the Peace Corps Life Skills book, lead lessons on HIV/AIDS transmission, Sexually Transmitted Infections (STIs), women and HIV, gender roles and more. We kept things lively by sharing lots of fun educational games and by having teachers act out ways that HIV can and cannot be spread through small group mini-dramas. By having the teacher practice the lessons in front of each other, we were able to see that they really understood the material and how to lead their students. It was clear that teachers got a lot out of the training through their positive evaluations and in increase in knowledge from the beginning to the end of the training. Both trainings were great successes thanks to the hard work of our volunteer team. Thanks also go to Aaron Wortham for his help with the first teachers training in Bulenga.

With part of the grant we were also able to provide Voluntary HIV/AIDS Counseling and Testing (VCT) to teachers and community members in Wakiso Sub-County. The focus of this part of the project was to take HIV/AIDS prevention information to a wider community and help people including teachers,

students and all other community members learn their HIV/AIDS status and how to access other services if they were found to be HIV infected. Teachers were tested before the general community through testing events held at the end of each teacher training. Both at the teachers testing event and the general community events, each person tested was counseled before testing and after receiving their results by counselors from AIDS Information Center (AIC). Those who received HIV positive results were referred by AIC for other services. Seventeen teachers were tested from the first training and 26 from the last. In both cases, one teacher tested positive for HIV/AIDS. Through our four community VCT events, 477 people were tested for HIV/AIDS with 39 HIV positive results. To date we have now provided 1,250 people with VCT services since the beginning of our partnership with AIC in April 2007. Combing our results from all of these events it was found that just over 9% of people tested by KACCAD and AIC are HIV positive. From our May 2<sup>nd</sup> community testing event for HIV/AIDS, 82 people were tested and three people of those people tested HIV positive. On May 23<sup>rd</sup> 133 people were tested at the Wakiso District headquarters in which seventeen tested HIV positive. In Bulenga 181 people were tested with fifteen people receiving an HIV positive result. Lastly, 81 people were tested at the final community VCT event in Buloba on June 20<sup>th</sup>, 2008. Of those tested, four people tested positive. At two of the four HIV VCT events the group United Affected Organization provided HIV/AIDS sensitization through music, dance and drama. They performed beautiful songs about HIV/AIDS and shared personal testimonies about living with HIV/AIDS, taking medications, supporting each other and more. Sam also worked with our temporary volunteers to do sensitization at the four HIV/AIDS community VCT events.

Though community members continue to prove the importance of VCT services, we are facing still new challenges with offering these services. AIC has now raised its price for offering these services, fuel prices have gone up increasing the cost of transport for our staff to events and the costs for space rental has similarly increased. The high turn up at testing events and positive community response to the service shows its importance. Now more than ever we will be looking for donations to keep our VCT program going. Look to the gift catalog for information on how to make donations.

Now that things are cooling down, the volunteers and are working on an HIV/AIDS mural project with Kikaaya College here in Kikaaya Village. Kikaaya is one of the schools we have been working with over the past year and a half. With support from Daniel Milosivich's class of Blue Herron Middle School, Port Townsend, WA we will be leaving a lasting message about HIV/AIDS prevention at this school. The mural will be designed by students from Kikaaya. So far two beautiful designs have been submitted. The artist of the chosen design will be rewarded with paid school fees for one term. We are encouraging all interested students to help in painting the mural. As an artist, my feeling is that we can learn a lot from images, especially when we are the ones to create them. Students will have an opportunity to see their artwork on the wall at their school, learn about HIV/AIDS through painting and be empowered by developing skills in composition, design, mixing colors and more. We are really excited for this project and thankful for the support from Blue Herron Middle School students.

The other projects I have been working on this quarter include revising the students seeking school sponsorship list, helping with the gift catalogue (please see the attached catalog) and the writing of few proposals with Derrick. Derrick and I have been looking a lot at program and KACCAD sustainability. We worked together on a funding proposal for construction of a volunteer center and applied for a Peace Corps volunteer to work with KACCAD after I leave.

In conclusion I wish to thank my dad and Mike for your visits and work with KACCAD, all of our volunteers for your hard work and all of our donors for your support! It is "beautiful, just beautiful," as Derrick says, to see so many projects coming together and so many people stepping up to help serve people in Wakiso District. Thank you!

## *A Home for KACCAD*

To date, 8,643 bricks have been built and 3,600 more are waiting to be fired. With every batch of red



clay mixed, we dream more of a home for our programs and volunteers. KACCAD needs a firm base from which to serve and grow. We want to invest in serving our community to our full capacity instead of in renting halls for Voluntary HIV/AIDS Counseling and Testing (VCT), adult education programs and for our office and living quarters. With a volunteer center we can host more international volunteers and provide housing security to our staff. Your donations for construction of the KACCAD volunteer center are an investment in service of the poorest of the poor in Wakiso Sub-County and district.

It is an investment in safe water, adult and child education, economic development for the poor and support to those living with/affected by HIV/AIDS. [Photo: Derrick and the volunteer center site]

KACCAD has trained out-of-school youth and adults in carpentry, brick making, tailoring and animal husbandry. Since 1996, 65 families, several women's groups and one group of people living with HIV/AIDS have benefited from KACCAD's help starting animal rearing projects. These families/groups were given pigs or chickens and training on proper care for their animals. Twenty five poor women, some living with HIV/AIDS and other with disabilities, were started on tailoring in 1999-2000. Similarly, out-of-school youth were started on carpentry in 2001 and brick making in 1996-2000. People benefiting from these skills trainings were helped with demonstration of practical skills by experts in the field. Over 100 people have gained the skills needed to earn an income from KACCAD programs. Hundreds more could do the same in the meeting hall that will be built as part of the volunteer center.

Through our international volunteer program we have gained support for numerous projects from the families and friends of our volunteers as well as from volunteers themselves. Since the inception of our volunteer program we have provided clean water for over 12,500 people. Through our health education program we have taught 1,000 plus students since December 2006. Students have learned about how their bodies work, how to prevent HIV/AIDS and other Sexually Transmitted Infections (STIs), how to say "no" to sex, about birth control and family planning and their rights over their own bodies. They have gained self confidence with classes on communication skills, identifying future goals and role models. Hundreds of out-of-school youth and adults have benefited from similar programs presented during VCT events and by request to youth and women's groups. Over 60 teachers from secondary and primary schools have been taught about how to include medically accurate



information through games and lessons to their students and fellow teachers. Through our HIV/AIDS Support and Empowerment Program, over 60 families affected by HIV/AIDS have received food, clothing and condom donations. Our volunteers have taught people living with HIV/AIDS about how to protect their health and have advised their families on how to support their loved ones without discrimination or harm to self. Just in the last year alone 9 families affected by HIV/AIDS have been helped to start chicken rearing projects for income generation and over 30 students, mostly orphans of



Picture: Courtney and Tori with Students at  
Hajji Kiyemba Memorial Institute  
Above: VCT at Wakiso District headquarters  
Left: Children gather water from Ssumbwe Well

HIV/AIDS, have been sponsored by our volunteers and international supporters to go to school. Our center would be able to accommodate a greater number of volunteers and is designed to strengthen community among volunteers with common space to do work, relax and hang out. When our volunteers are taken care of we can better address community needs. The volunteer center would provide a secure, comfortable place for our international and national volunteers allowing us to expand this program.

All the work we do depends on KACCAD's ability to host volunteers, provide housing for our staff and keep our office doors open. As a grassroots community based organization, we do not have big funders to foot the bills for our programs and basic operation costs. Instead we get a small donation each month for hosting volunteers and donations from private donors for our projects and operations costs. Grants for operations costs or even ones that will cover 100% of the costs of any project are virtually non-existent in Uganda. Also, as a small NGO, we are not eligible for the big grants that can cover some of these costs. Our great successes since 1994 have been a result of the support we get from our volunteers, partner organizations in Uganda and our fabulous donors from around the world. Without a place of our own we have to turn around and invest about



\$3,720 a year in rent, this is equivalent to roughly 7% of all the donations we received last year (about \$51,000). This figure includes donations made for well construction, housing and feeding our volunteers and other project specific donations and grants that are not actually available for meeting our rental costs. Of the donations we get specifically for administrative support, almost 100% go to paying rent! Over 9 years we will have spent more money on renting an office and volunteer housing than we would spend building a volunteer center. If the money spent on rent was available for other purposes, we would be able to offer quarterly VCT services and skills training free of charge to vulnerable people in our community. We would be able to pay our staff, who are presently working on a voluntary basis, a living wage. We would be able to keep our doors open with confidence and to strengthen all of our programs with more funding flexibility and secure international volunteers and staff. [Photo: KACCAD volunteer Stu with a child at VCT event held this quarter in Bulenga]

What can you do to help us reach our dream of having a home of our own? We have already been given a piece of land, donated by a local community member, for the volunteer center and in addition have received \$4,000 in donations for construction to date. To fully build the center it will cost us a total of \$36,000, which leaves \$32,000 more in donations needed. We invite all levels of donations for this project. Donors who contribute \$500 will have their names on a plaque at the center. Your investment in this volunteer center development is an investment in the thousands of people served each year through our programs. It is a smart investment that will help us provide more consistent services to our community, secure partnerships with international volunteers and donors and that will allow us to better meet community need and our running costs. It is an investment that keeps giving as year after year we will have the security needed to keep our programs going, the space to host events, house our staff and volunteers. Your support is invaluable. Please let us know if you have any questions regarding the project.

## Working to Turn a Loss into an Opportunity

by Amanda Milholland

On June 26<sup>th</sup> we received a call in the morning from one of the chicken farmers from the group chicken rearing project we started at the end of last year. She, one of eight ladies living with HIV/AIDS involved in the project, called from the chicken farm to let us know that the lock had been cut both at our chicken house and the neighboring house. Over 100 chickens were stolen from our project in the night. This was a huge blow to KACCAD and the farmers who had invested about six months of labor in caring for the chickens. Now we are left with 105 chickens and a question of what to do next. One of the major problems with the situation is that with 105 chickens, which are just reaching the maturity level of full

production, it is not possible for the project to be profitable, i.e. for the chickens to produce enough eggs to cover the costs of their food and medical care.

To all those who helped start this project with your donations, we sincerely apologize for this huge loss. It is sad to see such theft despite our precautions- locks on the chicken house and a family living on the premises. Sadly, it is the most vulnerable who have lost with this robbery.

So what to do next? We have met with the chicken farmers to discuss options. One of the things we are looking into is selling the remaining chickens and using the profits to help the women involved in the project start another/other income generating projects. Sadly the money we will be able to get from the sale of the chickens will be little in comparison to the start up costs and potential profitability of the project. At the same time, the farmers see this as an opportunity to give a boost to other income generation projects they have started or have wanted to start. Though they are discouraged by the outcome of the chicken project, they remain hopeful. KACCAD is committed to helping the group of chicken farmers start other successful income generating projects. We are looking to the challenges of the group chicken project for lessons we and the project beneficiaries can grow from. We will keep you updated on the progress.

While the group chicken rearing project is facing a new birth, Makumbi Sarah who started a chicken rearing project with the support of the Reverend Rudolph and Carol Kurz of the United States is doing well. We visited Sarah on July 1<sup>st</sup> to check on the progress of her chicken rearing project. Sarah, an HIV/AIDS widow who is supporting her five children, is raising about 200 chickens. They produce 4 and ½ trays of eggs a day, the sale of which is providing her a small but reliable daily income.



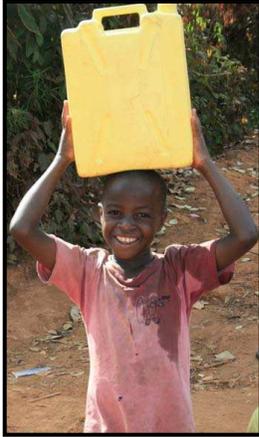
She too is struggling with many of the same challenges that the group chicken farmers were facing. Over the past seven months or so, Uganda has seen large increases in the cost of oil and food including animal foods. With the political and civil conflicts that were taking place in Kenya, fuel, which Uganda imports from Kenya, has been less available and more expensive. As result of this and a global increase in the costs of food, costs for chicken feed have gone up. Before the increase of feed prices she could really see the profit as she was able to add money to her savings. Now, with the increased costs of feed, she is earning less. Besides her worries about the feed prices, she remains optimistic concerning the project and its ability to help her care for her family.



In line with Sarah's success, we have one more small piece of news in the animal rearing department. Our pig Nora at the KACCAD pig farm gave birth to a new batch of piglets this quarter. With their birth, our small pig stock in growing and we are slowly working to build up the KACCAD pig farm again. KACCAD hopes to once again raise pigs for income generation and to help families without income generating projects start pig rearing. First we are working on our stock.

KACCAD sincerely thanks all those who have made donations to the income generating projects. Though not all projects are successful, many help transform the lives of vulnerable people in our community. When we see masons and carpenters trained by KACCAD at work in Bulenga and the surrounding areas and numerous families who have received animal donations from KACCAD successfully raising pigs, cows and chickens, we know not to be discouraged by the setbacks. Even as people continue to struggle with increased costs, theft and other obstacles, support for income generating projects can help people move themselves out of poverty. When people are helped to help themselves they see that they are able to succeed with just a push. Donors for these and other income generating projects your support has given people hope and, in many cases, the push they have needed to put their children in school and provide other care for their families. Thank you!

## *More than a Drop in the Bucket: An Entire Jerry Can Full*



Since we put out the request for help developing ten spring wells during 2008, we have been able to developed 7 this year and will be building the 8<sup>th</sup> starting at the end of this quarter. Thank you Sofia Graflund for your continued help fundraising and connecting us to donors! Your work in Wakiso Sub-County has had a tremendous impact. With eight wells soon to be complete and six months left till we begin 2009, we know we can surpass our goal with your help. Since we began well development and repair projects clean water sources have been provided to over 12,500 people-based on a low estimate, as many as 20,000 people may be benefit from KACCAD water development- in Wakiso Sub-County. That means 12,500 children, women, and men in rural villages are drinking safe water and reducing their incidence of infection with water born diseases such as cholera, schistosomiasis and amoebic dysentery. There are an estimate 101,567 people living in Wakiso Sub-County. Our work will not be done until all of these people and their children to come have clean water sources. Help us reach this goal. For more information on how to sponsor construction of a spring or hand dug well, please email us.

## *The Word on Water*

By Derrick Luwaga, Director

I wish on behalf of KACCAD to extend our sincere thanks for this quite enormous work of construction of 21 spring wells. This great work could not have been a success without the input and support of our volunteers abroad. On our recent visit to the well that is being built with support from Centern Eskilstuna of Sweden and the residents of Bukanda Village in Banda Parish-there were many children, elders and local leaders expressing their appreciation for this gift. Ever since the formation of this village, people were sharing water with animals. These animals have been pooping in the water which cause the people stomach problems. In addition to animal contaminants, other water borne diseases and malaria are common in this area as result of the open, unprotected water source.



An excited 12 year child, Harriet, narrated a story that she and some friends once fell into this pool. As a result of drinking un-protected water when they fell in they have been suffering from fever, diarrhea, stomachache to mention but a few. Aside from risk off falling in the well due to balancing on slippery logs to collect water, KACCAD observed that before the children were walking a distance of over 1 mile to collect water from other protected springs. This early morning labor has affected their school performance and their health as they have had to walk long distances carrying heavy jerry cans of 20 litres at a tender age.

Among other things, the construction of the spring has brought the community together and ready to take ownership of the project. Bukenya Fred, the Vice Chairman of Wakiso Sub-County, said that this project will benefit over 300 people in this zone that have been using this unprotected water source. Still other families will be using this closer water source after its development. He urged the many well wishers and supporters of this project to continue supporting and saving the people of Wakiso District from sickness caused by contaminated water. We similarly encourage your support and thank those of you who have helped with water development projects.

Sincerely,

*Derrick Luwaga*  
KACCAD Director

# DONATING MADE SIMPLE

Through our partnership with Global Volunteer Network (GVN) we are able to offer a secure way for you to make donations to KACCAD over the internet. You can do this from GVN's website: <http://www.gvnfoundation.org/programs/projects/uganda/real/>. Your donations will go direct to our in-country partner, Real Uganda. Real Uganda will deliver our donations on a quarterly basis-January, April, July and October. To make a donation through GVN go to the above listed site, write what you intend the donation to be used for under "description," choose KACCAD under the "please select" drop down menu, enter your donation amount and then press "pay here." Ongoing and one time donations of all sizes are welcome. This donation method is great for you as well as KACCAD. It is quick. You can donate from your home computer with confidence knowing that we will receive your donation securely and you will receive a receipt from GVN for tax purposes-good for US citizens. It is great for us because we will not be charged bank fees and thus can get more out of your support. We encourage you to email us to let us know what you want your donation to be used for: HIV/AIDS outreach and support, HIV/AIDS/Life Skills education, individual or group income generation activity development, spring well construction or administrative support. You can even make a donation in the name of a friend as a gift.

We do ask you to remember that we receive donations on a quarterly basis. If you need to get a donation to us in a certain time period plan in advance and make sure it is to use by the closest quarter mark before it is needed or send your donations through our bank account or Western Union. Students sponsors, this is especially important for you to remember as the students you support depend on your timely donations to continue school. We thank all those who donate to KACCAD and sincerely hope this partnership in giving allows you more ease as you continue to help us serve our communities.

## *Thank you!*

We have received a lot of support this quarter for school sponsorship, our group chicken rearing project, well development and basic operations. We sincerely thank all those who have chosen to sponsor a child, have invested in the group chicken rearing project that is benefiting seven HIV/AIDS affected families in Bulenga, well development and those who have given funds for operation costs. Our special thanks for this quarter go out to:

- Real Uganda: Donations for the HIV/AIDS Outreach and Support program, support for construction of the volunteer center and, most of all, for provision of volunteers, 2007-present.
- With God's Little Ones (USA): IGA funding for chicken rearing projects, sponsorship of internet for the KACCAD office, sponsorship of four students, emergency fund donations and donations for our Home Visit Project 2007-present
- Sofia Graflund and family: Students sponsorship and ongoing work fundraising for spring well development
- Reverend Rudolph and Carol Kurz, With God's Little Ones, Telyn Kusalik, Clementine Johnson, Ida Norlin, Christina Dahlberg-Norlin, Sofia Graflund, Helena Graflund Hanna Graflund, Graflund Family, the Lions Club Eskilstuna, Martina Engstrom, Mikael Stahl, Linda Hellqvist, Ann Bokinge, Annette Westoo, Markus Almerud, Stuart Turnbull, Theresa Marquez: Student sponsors, 2008
- Doug Milholland and family as well as Blue Herron Construction: Administrative support and well repair
- Daniel Milosivich's class of Blue Herron Middle School, Port Townsend, WA: HIV/AIDS Mural project, this quarter.
- VAST: Grant for HIV/AIDS teachers training and VCT events
- Alan Bradley of Ireland: Sponsorship for the KACCAD website
- Centern Eskilstuna of Sweden: Well sponsorship
- Linda Russell and Langdale Elementary of Canada: Donations for mosquito nets and the KACCAD volunteer center
- Songlines Choir of Port Townsend, WA, USA: fundraising for KACCAD

# Student Sponsorship

## Still Looking for 41 Sponsor This Year

In Wakiso District, Uganda, approximately 50,000 children are living in single parent homes and 20,000 children are orphans due to HIV/AIDS or other sickness. The KACCAD Student Sponsorship Program was started to connect some of these needy children to international sponsors—individuals, families or group. We are presently looking for sponsorship for 41 students. Many of these students have lost one or more parents to HIV/AIDS and other sickness, are being raised by single mother or are living with siblings, aunts or uncles. Sponsorship is their only opportunity to attend school. We encourage you to contact KACCAD promptly if you wish to sponsor a child. The second term of school has started but it's not too late to keep a child in school who will be kicked out without your donation or to help a student start school third term. For more information about sponsoring a student please check KACCAD's blog: <http://kyosiganews.blogspot.com/> or email us at: [kyosigacomunity@gmail.com](mailto:kyosigacomunity@gmail.com).

Ssekito Robert, age 10 is presently out of school. When he is sponsored he will enter primary 2. He is an HIV/AIDS orphan living with his grandmother. His school fees are only \$25 per term.



## Volunteer with KACCAD

Join the KACCAD team in serving the most vulnerable community members in Wakiso District, Uganda. There are many opportunities for sharing your skills. We invite you to come live and work with us in Kikaaya Village, Wakiso District. Volunteer opportunities are available to people 18 years old and above. We invite volunteers during any part of the year. Volunteers will be involved with projects including: health/HIV/AIDS sensitization; home visits to families living with/affected by HIV/AIDS; youth and child education; animal rearing support; water and sanitation development (including well construction) support; vocational skills development; and other work that can help us transform our community. Our fee for volunteers is \$650USD for the first month and \$550USD per each additional month. The fee covers support while you prepare for Uganda, airport pickup, transport to Kikaaya, food and accommodation while volunteering, supervision, and a donation to KACCAD. For more information about volunteering with us see our website, [www.volunteerkaccad.org](http://www.volunteerkaccad.org) or email us or visit [www.therealuganda.com](http://www.therealuganda.com) for information about volunteering with us through the Real Uganda.

